



Public Health
England



Listening Learning Leading



STOPPED FOR A MINUTE OR MORE?



Turn off your engine
for cleaner air

southandvale.gov.uk/turnitoff

Turning off your engine when you are stopped for a minute or more is an easy way to improve air quality and save fuel.

EIGHT MORE ECO-DRIVING TIPS:

1. Drive smoothly - you can save fuel by anticipating situations and other road users and avoiding unnecessary braking and acceleration.
2. Shift up early - when accelerating move to higher gear early, usually by around 2,000-2,500 revs per minute (RPM). Skip gears e.g. 3rd to 5th or 4th to 6th when appropriate.
3. Avoid high speed – driving fast means you use a lot more fuel.
4. Only use air conditioning when you really need it as it adds to fuel consumption.
5. Reduce drag - remove roof boxes, racks and bike carriers when not in use as they significantly increase air resistance which means you use more fuel at higher speeds.
6. Avoid unnecessary weight – don't use your car as a storage space. Anything that adds to the weight increases the amount of fuel you use.
7. Maintenance - service your car regularly to keep the engine working at its best.
8. Check tyre pressures regularly as underinflated tyres create more rolling resistance and so use more fuel.

Tips courtesy of www.energysavingtrust.org.uk

CLIMATE EMERGENCY - Our councils have both declared a climate emergency and have set up Climate Emergency Advisory Committees. They are keen to hear your ideas about saving fuel, improving our environment and our local air quality.

Please send your ideas with the subject '**Climate Committee**' to haveyoursay@southandvale.gov.uk



whitehorsedc.gov.uk



southoxon.gov.uk